Border Eagl

Vol. 47, No. 27

Laughlin Air Force Base, Texas ... Training the world's best pilots

July 16, 1999

Office closure

The 47th Comptroller Flight will be closed on Wednesdays from 3 to 4:30 p.m. for training. For questions, call Belinda Garcia at 5204.

Command change

Lt. Col. David W. Poerner assumes command of the 47th Civil Engineer Squadron 9 a.m. Wednesday from Lt. Col. Gary L. Fellows in a ceremony at building 100.

For any questions, contact Staff Sgt. Patty K. Jones-Sgro at 4367.

EWC election

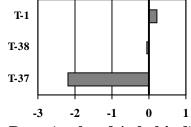
The Enlisted Wives Club will meet at 7 p.m. July 27 at Club XL in the Daedalian room, to elect new members for the board. The positions available are president, vice president, treasurer and secretary.

Board members can be active duty or civilians.

47 FTW mission status

(As of July 6)

Student Timeline



Days (+ ahead / - behind)

Sorties flown in FY 99: 50,161 Hours flown in FY 99: 71,578 Pilot wings earned in FY 99: 244 Pilot wings earned since 1963:

11,291

Midterm report:

Laughlin 101 Critical Days mishap total down from last year's midway point

By Sharon K. Reeves

47th Flying Training Wing ground safety manager

We are halfway through the 101 Critical Days of summer - the time when, historically, more Air Force members lose their lives or are injured in both on- and off-duty activities.

As a reminder that safety awareness in all activities pays off, here are the Laughlin statistics for the first half of the 101 Critical Days:

There have been 10 injuries to Laughlin people since the 101 Critical Days campaign began May 28. Nine injuries occurred on-duty. Two on-duty

mishaps resulted in days away from work, and the off-duty mishap also resulted in lost

None of these mishaps involved a fatality or permanent disability. Last year, during the 101 Critical Days, Laughlin experienced 21 off-duty mishaps, including one fatality, and 32 on-duty mishaps.

According to the Air Force Safety Agency, there have been four fatalities Air Force-wide in the first half this year. This number is lower than the eight fatal mishaps recorded during the first half of last year's 101 Days campaign, which was the safest year ever in terms of reduced loss of Air Force lives.

A narrative summary of the four fatali-

ties follows:

June 3, 12:30 p.m.: A male senior airman, on-duty, industrial accident in Air Combat Command. At the end of combat support training, member left stationary pontoon boat to prepare parachute for retrieval from water. While swimming towards the chute, member yelled for help and went under before rescue could be made. Member drowned.

June 6, 2 p.m.: A female staff sergeant, off-duty, four-wheel private vehicle accident in Pacific Air Forces. Member was operating her PMV near Greely, Ark., when she swerved to miss a herd of

See 'Report,' page 3



Hot shots!

firefighters train by practicing application techniques at the

47th Civil Engineering Squadron, fire protection flight live fire-training mockup near the flightline here Tuesday. They were also testing a fire-suppression agent for Pyrocool Technologies.

Goal setting ...

Maj. Dallas Newsome, 47th Flying Training Wing comptroller, outlines the importance of goal setting, attitude.

Page 2

Anthrax ...

The 47th Medical Group, public health flight offers the facts on the anthrax vaccine and its benefits.

Page 3

Computer fires ...

The 47th Civil Engineering Squadron, fire protection flight advises computer users on fire safety.

Page 7

Commander

orne er



By Maj. Dallas Newsome 47th Flying Training Wing comptroller

"How do I get where I want to go in life?" is a question we often pose to ourselves. While I don't profess to have all the answers, let me take a moment and share some of my thoughts.

First, map out a plan to get you to that goal. Have you ever taken a long trip in your vehicle somewhere you've never been without reviewing a map first? Probably not. Ideally, write down a time-phased plan and

Keys to success: goal setting, perseverance, attitude

If you feel good about

yourself and carry

yourself with integrity

and honor, you are a

success no matter what

occupation you have.

check progress periodically. If you're like me and sometimes don't get around to writing it, storing and tracking it mentally will also work.

If your goal is to become a doctor, the map is relatively clear: undergraduate degree, medical school, internship and residency.

The path to other career goals may not be so clear or direct. My track to becoming a wing comptroller, a goal I had when entering the Air Force, was such a case. Based on the needs of the Air Force – which must come first – missiles and command control were my first two assignments.

Although they are great jobs to develop airmanship, they do

not prepare one technically to become a comptroller. By remaining focused and working hard, I have been able to achieve

this goal. One thing you can count on is that everything will not go exactly right, and you may make errors along the way.

Use those mistakes as a learning

tool. Henry Ford said, "Failure is the opportunity to begin again, more intelligently." Learn from but don't repeat those mistakes. In financial terms, mistakes are a sunk cost.

and there's nothing you can do to erase the event. Continue to march forward to your goal. Keep pressing. Use any nega-

tives to fuel
your desire to
continue even
more.

That leads me to the quality of perseverance. This quality is more important than any other. Don't ever

give up

The old familiar story of the tortoise and the hare comes to mind. Steady, consistent, hard work toward goals is essential.

A famous quote by Calvin

Coolidge is "Nothing in the world can take the place of persistence. Talent will not; nothing is more common than unsuccessful men with talent. Genius will not; unrewarded genius is almost a proverb. Education will not; the world is full of educated derelicts. Persistence and determination are omnipotent."

Keep trying and do your best, and you likely will reach your goal. Don't forget that others are usually out there willing to provide help if needed. Get a mentor, preferably someone who is already where you want to be. There is no better source of good information than a helpful mentor who has already traveled the road you'll be traveling.

See 'Success,' page 11

Reveille, retreat, taps

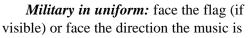
Honors represent more than music to Laughlin ears

The United States flag flies every day in front of building 338, the 47th

Flying Training Wing headquarters building. Three times a day – at 6 a.m., 5 and 9 p.m. – music plays over the base's loudspeakers to mark reveille, retreat and taps. When the music plays, remember to take the time to render the appropriate courtesies.

Reveille

Reveille is the signal for the start of the official duty day.



coming from. During the playing of "Reveille," stand at parade rest. Stand at attention and salute on the first note of "To the Colors," and drop your salute after the last note is played.

Military not in uniform/civilians: face the flag (if visible) or face the direction the music is coming from. Stand at attention, with your right hand over your

heart. Males should also hold their hats

(if worn) over their hearts.

Everyone: if in a vehicle during reveille, pull the car to the side of the road, stop, and all occupants sit quietly until the last note of the music has played.

Retreat

The retreat ceremony serves a twofold purpose. It signals the end of the official duty day and serves as a ceremony for paying respect to the U.S. flag.

Military in uniform: face the flag (if visible) or face the direction the music is coming from. During the playing of "Retreat," stand at parade rest. Stand at attention and salute on the first note of the national anthem and drop your salute after the last note is played.

Military not in uniform/civilians:

face the flag (if visible) or face the direction the music is coming from. Stand at attention, with your right hand over your heart. Males should also hold their hats (if worn) over their hearts.

Everyone: if in a vehicle during retreat, pull the car to the side of the road, stop, and all occupants sit quietly until the last note of the music has played.

Taps

Honors are rendered during the playing of taps, which traditionally signals "lights out" on a military installation.

Military in uniform: render a salute on the first note of the music and drop the salute when the music ends.

Military not in uniform/civilians: place your right hand over your heart.

Actionline

Call 298-5351

This column is one way to work through problems that haven't been solved through normal channels. By leaving your name and phone number, you are assured of a timely personal reply. It's also very useful in case more information is needed in order to pursue your inquiry. If you give your name, we will make every attempt to ensure confidentiality when appropriate.

If your question relates to the general interest of the people of Laughlin, the question and answer may also be printed in the *Border Eagle*. Before you call the Actionline, please try to work the problem out through the normal chain of command or directly with the base agency involved.

Thanks for your cooperation and I look forward to reading some quality ideas and suggestions.

Col. Dan R. Goodrich 47th Flying Training Wing commander



AAFES 298-3176 Accounting and Finance 298-5204 298-5252 Civil Engineer Civilian Personnel 298-5299 298-5815 Commissary Dormitory manager 298-5213 Hospital 298-6311 Housing 298-5904 Inspector General 298-5638 Legal 298-5172 Military Personnel 298-5073 **Public Affairs** 298-5988 Security Forces 298-5900 Services 298-5810 Social Actions 298-5400 FWA hotline 298-4170 News

Border Eagle
July 16, 1999

Border Eagle

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Commander
1st Lt. Angela O'Connell
Public Affairs officer
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Editor
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Staff writer

Published every Friday, except the first week in January and the last week in December, by the Del Rio News Herald, a private firm in no way connected with the U.S. Air Force under exclusive written contract with the 47th Flying Training Wing, Laughlin Base, Texas. commercial enterprise Air Force newspaper is an authorized publication for members of the U.S. military services. Contents of the Border Eagle are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Air Force Photographs herein are official U.S. Air Force photos, unless otherwise indicated. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense. Department of the Air Force or Del Rio Publishing Company of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use, or patronage without regard to race, color marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron Editorial content is edited, prepared and provided by the Public Affairs Office of the 47th Flying Training Wing

Deadlines, Advertising

News for the Border Eagle should be submitted to the 47th Flying Training Wing Public Affairs Office, Bldg. 338, Laughlin AFB, TX, Ext. 5262. Copy deadline is close of business each Thursday the week prior to publication. Advertising should be submitted to the Del Rio News-Herald, 2205 Bedell, Del Rio, TX, 774-4611. Advertising should be submitted by 4 p.m. each Friday. Submissions can be E-mailed to: michael.hammond@laughlin.af.mil or reginal.woodruff@laughlin.af.mil

Visit Laughlin's website at http://www.lau.aetc.af.mil/

"Excellence – not our goal, but our standard."

- 47 FTW motto

Safety Stats

As of July 8 (Fiscal Year)

	'99	Total '98
On-duty mishaps	4	11
Off-duty mishaps	10	7
Traffic mishaps	1	4
Sports & Remishaps	ec 6	3
Fatalities	0	2

Anthrax vaccine: safe, effective force protection

By 1st Lt. Altino C. McKelvey

Public health flight commander

What happens if you're deployed and inhale anthrax? Your chance of survival if unvaccinated and unprotected is one percent or less. Even if you receive immediate medical care, your chance of survival would only increase to five percent at best.

Anthrax, when used as a biological weapon, is aerosolized and must be inhaled to be effective. It is relatively simple and inexpensive to manufacture and can be delivered many ways to intended victims – including by plane, missile or even a simple sprayer. It can be stored as a powder, and it lasts essentially indefinitely. One gram contains 100 million lethal doses, making it 100,000 times more effective than the deadliest chemical warfare agent. More than 10 countries have the potential to make biologic weapons, and it is suspected that anthrax stockpiles exist. An explosion at a Russian military base in 1979 released anthrax, resulting in the death of hundreds – perhaps thousands – of people. It is a very real threat to our troops.

The most effective counter to this threat is the anthrax vaccine. It has been licensed by the FDA since 1970 and used by veterinarians, laboratory technicians, and livestock workers effectively

for years with no long-term side effects. The short-term side effects of the injection are similar to the flu vaccine, including site tenderness and malaise, but this happens less frequently and is usually less severe than with



Photo by Senior Airman Mike Hammon

Col. Dan R. Goodrich (center), 47th Flying Training Wing commander, receives his first anthrax immunization from Senior Airman Daniel Grabski, 47th Aeromedical Dental Squadron. Command Chief Master Sgt. Randy Crist looks on as he prepares to receive his.

the flu vaccine. As an added safety measure, Secretary of Defense William S. Cohen directed the anthrax immunization plan to be examined by Yale University prior to its implementation. The study concluded the vaccination plan was sound and

r e c o m m e n d e d implementation.

The vaccine consists of inactivated portions of the anthrax bacteria (Bacillus Anthracis). Because it is inactive, you cannot get an-

thrax from the vaccine. It stimulates the body's own natural defenses to make antibodies to anthrax, similar to the way the hepatitis, flu, and polio vaccines work. This is the best protection available today against inhaled anthrax. It is given in three separate injections in the upper arm spaced two weeks apart, followed by three more at five, 12 and 18 months. An annual booster is required to maintain immunity.

Full force vaccination has been directed by the secretary of defense. Phase I of the vaccination program involving U.S. forces deploying to Southwest Asia and those permanently changing station to (or on temporary duty to) Korea has already begun. Presently, 83,784 Air Force members have started the series, 105 of who are stationed at Laughlin. Total force vaccination is currently projected to start in 2003.

If you have questions, please visit the Department of Defense's official web site on anthrax (www.anthrax.osd.mil) or the Center for Disease Control and Prevention (www.cdc.gov) or contact the Public Health Flight at 6380.

'Report,' from page 1

caribou and drove off a cliff 200 feet into a ravine. No alcohol; seat belt was used.

One gram (of anthrax) contains

100 million lethal doses, making

it 100,000 times more effective

than the deadliest chemical

warfare agent.

June 18 (estimated date, time unknown): A male staff sergeant, off-duty, sports and recreation accident in PACAF. Member was last seen June 18. He told a coworker that he planned to go scuba diving during the weekend. Member did not report to work Monday morning and was declared missing. His body was found June 23 in Lake Ogawara, near Misawa, Japan. Mishap investigation is continuing.

July 5, 12:30 a.m.: A male airman first class, off-duty accident in ACC. Member entered ocean water. He began to struggle and was pulled under by the current. Member's body was recovered approximately 2 1/2 hours later. Member drowned. Alcohol was involved. Mishap investigation is continuing.

Let's keep our favorable trend toward reduced mishaps at Laughlin for the remainder of the 101 Critical Days. Consider the risk in all your activities. Play safe, work safe and have a great summer!

Air Force promotes 100 percent of eligible captains in the 96 FTS

The 96th Flying Training Squadron announced Wednesday that 100 percent of its nine eligible captains were selected for promotion to major.

The individuals and the aircraft they fly are listed below:

Capt. Jim Chandler T-37 **T-38** Capt. Jim Joyce Capt. Bobbie Loher T-1 Capt. Kevin McLuen T-37 Capt. Tom Pagdett T-1 Capt. Perry Peter **T-1 (AGR)** Capt. George Quehl T-37 Capt. Ken Watson T-37 Capt. Buck Wyndham **T-38**

Lt. Col. John O'Connor, 96 FTS commander, said, "We are very pleased with this result. Across the five Specialized Undergraduate Pilot Training bases, we had 48 eligible captains, and 46 were selected for promotion to major. Fortunately, all eligible within the 96th were selected for promotion."

All nine individuals will be promoted effective Oct. 1.

The XLer

Hometown: Milton, Fla.

Family: Wife, Sandy; Daughter, Carla, 11. *Time at Laughlin:* 2 years 10 months.

Time in service: 30 years active and 2 years,

2 months civil service.

Why did you join the Air Force family? To escape the rice paddies and jungles in Viet-

nam.

Name one way to improve life at Laughlin: Make an 18-hole golf course on base. Greatest accomplishment: Becoming a father

Long-term goals: Watch my daughter grow.

Hobbies: Golf and reading.
Favorite food: Rare steak.
Favorite beverage: Cold beer.
Bad habit: Being a perfectionist.
Motto: Do it right the first time..

If you could spend one hour with any person in history, who would it be and why? My dad. I want to tell him he was right about the way he raised his kids and to tell him about

his granddaughter.



James Harper 47th Contracting Squadron

Chapel Schedule

Catholic

-Daily Mass 12:05 p.m. -Saturday Mass 5 p.m. -Sunday Mass 9:30 a.m. -Confession 4:15 - 4:45 p.m. Saturday, or by appointment. -Choir 6 p.m. Thursdays. -Sunday school 11 a.m.,

religious education building. Protestant

-General worship 11 a.m. -Bible study video luncheon 11 a.m. Thursday, chapel fellowship hall.
-Sunday School, 9:30 a.m., religious education building.
-Awana, Wednesdays, chapel from 6 - 7:30 p.m.
(For more information on AWANA, call Mike or Karen Silver at 298-3247.)

Jewish

Max Stool219 West Strickland St.Del Rio, TexasPhone: 775-4519

For more information on chapel events and services, call 5111.







July 8, 7:48 a.m. – Security forces items from the BX were detained and responded to the officer dormitory where someone reported a class ring and cash missing from his room. An investigation is underway.

July 9, 3:02 p.m. – Security forces responded to a report of a two car accident at building 50. An investigation revealed the accident was caused by improper backing. A citation was is-

July 13, 1:05 p.m. – Security forces responded to the Base Exchange for an alleged larceny of property. Three individuals suspected of stealing

turned over to the county Sheriff.

July 13 , 11:13 p.m. – Security Forces responded to the Laughlin Enlisted dorms for a medical assistance call. Upon arrival, a female service member was hyperventilating. After receiving medial assistance, she was transported to Val Verde hospital.

July 13, 1:50 a.m. - Law Enforcement personnel detained seven suspected illegal aliens walking eastbound on the railroad tracks. Border patrol was contacted and assumed control of the situation.

For emergencies, call 911. For routine situations, call 298-5100.

47th Medical Group

Massage is part of many physical rehabilitation programs. It has proven beneficial to many chronic conditions, including low back pain, arthritis, and bursitis.

Massage helps relieve stress and tension. It provides relief to people from all walks of life: the weekend or competitive athlete, home gardeners, the overstressed executive struggling to keep pace in today's economy, as well as secretaries, laborers and waitresses. The older population may benefit also since a massage can enhance flexibility and circulation. There are more than 150 variations of massage, bodywork and somatic therapy.

Services of a bodywork professional may be covered by health insurance when prescribed by a chiropractor or osteopath. Therapies that are a prescribed treatment by a physician/registered physical therapist are also often covered.

Everyone at Laughlin is invited to try the Health and Wellness Center's massage chair during International Massage Week, Monday through July 23.

Border Eagle deadline ...

is Thursday, the week prior to date of publication.

Question of the week

What is your favorite summer activity?



"Eating ice cream to keep from melting."

Senior Airman
Matthew Norwood
47th Communications
Squadron



"Doing nothing!"

Velma Elizardo 47th Mission Support Squadron



"Playing golf, traveling through the southern states looking for fresh fish and beating Joni Jordan at Bid Wiss."

Bennie Sanders Video Production Texas Management Associates, Inc.



"Swimming and hanging out at the beach."

2nd Lt. Leja Noe 47th Operations Support Squadron

Fire safety computer tips

By John Alexander

47th Civil Engineering Squadron, fire protection flight

The Laughlin fire department offers fire safety tips for computer users to prevent loss of life or property.

Make sure a fire extinguisher rated for Class A, B and C fires is reasonably close to your computer installation. If you must leave your computer unattended, turn off the monitor during your absence. Monitors generate high voltage. This has the potential to start an electrical fire or trigger an explosion if there is a gas leak or combustible fumes. Leave the computer on while turning off the monitor. This will not disrupt the computer's operation or compromise data integrity. When you return, simply turn the monitor back on and wait a few seconds for it to warm up.

Never operate a computer, monitor or printer with the protective dust cover in place. This could cause excessive heat buildup and trigger an electrical fire. Never place beverages or other liquids on electronic equipment where they might spill.

Make sure that the electrical outlet for your computer is properly grounded and has a power rating to handle connected components. Always keep a backup copy of your data in a firesafe location. This will allow you to restore your data in the event of a fire, flood or computer system failure.

FWA

Preventing Fraud,
Waste and Abuse is
everyone's job!
If you know or
suspect FWA,
call the
FWA hotline, 4170.

Council offers voice to junior enlisted members

By Airman Bradley Pettit
Staff writer

Laughlin's junior enlisted members have a method to make suggestions for lifestyle improvements and help implement changes.

The Laughlin Junior Enlisted Advisory Council meets

the first Tuesday every month to discuss problems, ideas and concerns within the enlisted ranks. Thanks to the group's efforts, the base is scheduled to gain a Burger King express outlet. The council proposed the idea and kept it an active issue, which resulted in getting the proposal ap-

proved through Base Exchange channels.

"The JEAC really is the voice of the junior enlisted force," said Randy W. Crist, 47th Flying Training Wing command chief master sergeant. "It brings concerns and questions regarding different subjects to

the table and we (members of the council) determine the best channel to answer them and resolve problems," the chief continued.

Young enlisted members from most base organizations serve on the council. Members

See 'Voice,' page 8

'Voice,' from page 7

review issues that have surfaced in previous meetings. Normally, one member is assigned to investigate certain issues and discuss the findings in the next meeting, said Staff Sgt. Sheri Sonier-Robinson, noncommissioned-officer-in-charge of enlisted promotions and enlistments in the 47th Mission Sup-

port Squadron and JEAC president. "We deal with each issue raised until we get to the heart of the matter," she said.

According to Sonier-Robinson, several other issues are on the table. One is to get a laundromat on base. "Junior enlisted members in housing have to go into town (Del Rio) to do laundry, and they would like to

see a laundromat put on base for convenience," she said.

The dormitory council also includes members of the JEAC. This way, issues concerning the quality of dormitory life can be improved when problems exist, said Crist.

All meetings are open and anyone with concerns may bring them to the meeting or pass

them on to a JEAC representative, said Crist. "Everything we bring to the table is an effort to make Laughlin a better tour for enlisted people," the chief emphasized.

JEAC's next scheduled meeting is 9 a.m. Aug. 3 in the family support center conference room. Interested enlisted members are welcome to attend.

Deadline for submission of material for the Border Eagle is Thursday, the week prior to intended publication.

Where are they now?

Name: Capt. Tim Biltz.

Class/Date of graduation from Laughlin: Class 91-05/February 1991.

Aircraft you now fly and base you are stationed at: C-130 at Little Rock Air Force Base, Ark.

Mission of your current aircraft: Tactical airlift.

What do you like most about your current aircraft? I have had the opportunity to support almost every military operation that has occurred in recent years. Flying around the world with a crew is very exciting.

What one thing do you dislike about your current aircraft? Unfortunately, there have been quite a few operations over the past few years. I have spent a lot of time away from my family.

What was the most important thing you learned from your time at Laughlin, besides learning how to fly? After graduating pilot training at Laughlin, I was an instructor pilot there in the 85th Flying Training Squadron for almost six years. You find out after a few years that the Air Force is a small community and you will quite often run into friends you have made along the way. It's important to



Courtesy photo of C-13

keep in touch with the folks you have worked with. You will probably get the chance to see them again at a future assignment.

What is your most memorable experience from Laughlin? Meeting and marrying a girl from Del Rio.

What piece of advice would you give SUPT students at Laughlin? Be open to all career experiences. They may not seem to be what you want to be doing at the time, but you will learn something important from all of them. While you are in Del Rio, spend as much time at the lake as possible. You won't find another place like it anywhere.

Shoppette traffic circulation set to change July 30

developed a plan to improve safety and traffic flow through the new shoppette and gas station.

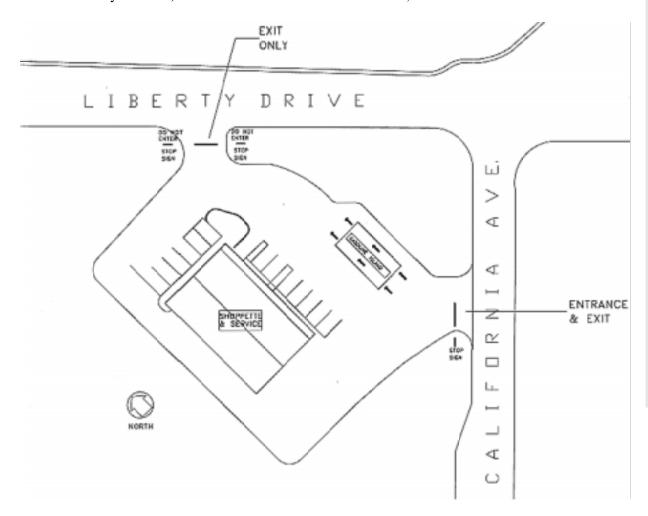
Effective July 30, the traffic flow pattern will

- One-way exit onto Liberty Drive (no entry from Liberty drive).
- Two-way traffic from California Ave. (will serve as the only entrance).

The Army and Air Force Exchange Service has

One-way traffic at gasoline island (reduction of traffic congestion).

> Plans for accomplishing these changes are in progress. All motorists using the shoppette should note the changes and follow all traffic directional signs. The success of this effort depends largely on the cooperation of everyone involved. The map below details the upcoming changes. For questions or comments, call David Van Winkle at 5065.



Volunteers needed

Public affairs seeks enthusiastic people to spread Laughlin, Air Force message

Laughlin is looking for a few good volunteers to help base visitors and provide information to the community about missions and equip-

The 47th Flying Training Wing public affairs staff needs people who are willing to tell community organizations and schools about their jobs and unit missions. PA also provides base tours throughout the year. Both programs help our civilian neighbors learn more about Air Force and Laughlin missions, people and equipment.

Volunteers from all Laughlin organizations and career fields are needed to help spread the message about our Laughlin team and the Air Force. All ranks and specialties, including civilians, retirees and spouses are welcome to participate.

The two requirements for volunteers are a desire to increase the public understanding about the base and Air Force, and a willingness to help when needed (approximately once a month). PA will train speakers and tour guides for each event and help prepare materials to make presentations professional and interesting.

Volunteers benefit by increasing their own knowledge and understanding of Air Force missions and equipment. They also build new friendships and community ties through their personal involvement.

If you want to experience satisfaction, while increasing your public speaking skills and Air Force knowledge, volunteer to be a tour guide or speaker. For full details, call 5980.

'Success,' from page 2

Don't feel that you are a bother, you will probably have a good effect on the mentor's ego.

It is flattering to most people when someone goes to them for mentorship. It makes them Keep trying and do your feel good to be best, and you likely will

respected for what they do. Don't forget to take advantage

of this great source of guidance.

Be positive. Have you ever heard the phrase "contagious enthusiasm"? Well, it's true. We all want to be around positive people. Do you have a grumpy coworker whose mood you never know until you get to work? Or even worse, a negative boss. A positive outlook is one of the great qualities of most successful people.

The bottom line when it comes to measuring your success is how you feel about your-

> self when you look in the mirror. If you feel good about yourself and carry yourself with integrity and

honor, you are a success no matter what occupation you have.

reach your goal.

Whether you're a civilian employee, have one stripe on your sleeves or eagles on your shoulders, by being a part of the Air Force team, you've demonstrated you have the ingredients necessary to succeed.



Intense!

Photo by Airman Bradley Petti

Jerome Zuniga, a civilian employee working in aircraft maintenance here, works out Wednesday at the XL Fitness Center. The gym features a variety of free-weights, as well as Nautilus and Body Master machines.

Intramural softball standings (as of July 15)

	<u>W</u>	L
oss	5	0
86th	3	0
47 MED	2	0
84/85th	2	1
LCSAM	1	2
CES	1	2
87th	1	2
CS/CON/SVS	0	2
LSI	0	3
MSS	0	3

Individuals interested in coaching the Laughlin varsity basketball team should submit their resumes to the athletic director by noon, Aug. 10.



Photo by Staff Sgt. Reginal Woodru

Renovating

Benito Nandin, a contract employee with A-Plus Construction of San Antonio, lays masonry blocks for an air-conditioner enclosure at the Child Developement Center. The enclosure will keep children a safe distance from the AC unit and is part of Phase A in a complete renovation project underway at the CDC.

Senior NCO induction

The senior noncommissioned officer induction ceremony will be July 31 at Club XL. Social hour starts at 6 p.m., and dinner will be served at 7 p.m. Meal prices are \$14.50 for club members and \$17.50 for others.

Dress requirements are mess dress for officers, mess dress or semi-formal for enlisted and business attire for civilians. Call 298-6355 or 5041 for reservations and meal selection.

Anniversary

The Air Force chaplaincy celebrates its 50th anniversary here at 11:30 a.m. July 29 at Club XL. The guest speaker will be Chaplain (Lt. Col.) Richard Hartwell, former wing chaplain at Laughlin.

It will be a pay-as-you go luncheon that is provided by the club. We will need a head count so please rsvp to the base chapel at 5111 by July 26.

CGOC meeting

The Company Grade Officer's Council needs new members. There will be a CGOC meeting at 11:15 a.m. Thursday in the Club XL's Daedalian room.

For more information, call 2nd Lt. Shannon Peeler, 5487.

Bowl-a-thon

There will be an enlisted dining out bowl-a-thon Aug. 6, starting at 2 p.m. This event is sponsored by the Junior Enlisted Council and the Top 3.

Anyone interested can contact Staff Sgt. Gerald McIntosh at 5427.

Membership campaign

Laughlin's chapter of the Air Force Sergeants Association, Chapter 1069, is conducting a membership campaign. AFSA is a non-profit association for all enlisted grades that maintains a full-time presence on Capitol Hill. Chapter 1069 meets the first Tuesday of each month at 12:30

p.m. at Chapparal Dining Facility.

The chapter will have a car wash at the base exchange parking lot from 11 a.m. until 2 p.m. Saturday.

For more information contact Master Sgt. Dave Johnson or Senior Master Sgt. Dave Bratton at 4176.

Commissary contests

A "Putt for Prizes" in-store competition and a "Swing with the Doughboy" swing dance contest are scheduled at the Laughlin Commissary Tuesday, starting at 9 a.m. and 10 a.m. respectively. First place couple will win a \$100 shopping spree of Pillsbury products, and will go on to "swing off" against other couples at the Fort Sam Houston Commissary in San Antonio, July 31, at 11 a.m. Grand prize is a trip for

two to Las Vegas (four days and three nights).

Air Amistad '99

Organizations interested in setting up a booth for this year's air show, Air Amistad '99, should contact Master Sgt. Linda Clark at 5856, or Capt. Tony Holmes at 5857. The air show will be Oct. 17, starting at 9 a.m.

Booths are going fast, so interested organizations need to reserve space soon.

Awards luncheon

The 47th Flying Training Wing quarterly awards luncheon will be held July 26 at Club XL's Officers Annex. All nominees and squadron commanders should RSVP by calling 4714. All others should see their first sergeant to sign pro-rata sheets. The last day to purchase tickets is July 20.

Cook book

The Officer Spouse's Club is creating a wing cook book. The club is accepting recipes from people on base. All submissions must be received by Sept. 10.

To make submissions or for more information, call Julie Nickerson at 298-0215 or Lori Frampton 298-2127.

Free tuition

Air Force members separating from active duty in aircraft maintenance career fields who join the Massachusetts Air National Guard, are eligible for 100 percent free college tuition at any Massachusetts state college or university. Members may also qualify for the additional college benefits (student loan repayment program or Air National Guard Kicker). Massachusetts ANG is looking to fill the following AFSC vacancies: 2W151, 2A656, 2A353J, 2A651A, 2A653, 2A654, 2A751, 2A753, 2A754, and other non-flightline related career fields.

If you are interested in a Palace Chase/Front assignment, call the recruiting office at DSN: 636-9567, toll free at: 1-800-AIR-9151; E-mail:

<u>Recruiting@mabaf.ang.af.mil</u>. If you have any questions, call Master Sgt. Todd Rup at DSN 636-9568.

Emergency services number

Laughlin military members and their families residing in same household, needing emergency communication services call: 1-800-272-7337, to contact the Red Cross Armed Forces Emergency Service Center. Service is available 24 hours per day.

Education notes

Registration for Park College's fall term is through July 30. Embry Riddle Aeronautical University registration for the fall term is August 2-6.

The next Base Education Planning and Advisory Committee meeting is scheduled for Wednesday at 1:30 p.m. in the 47th Support Group conference room. Although BEPAC is composed of designated voting members, visitors are also welcome to attend. The purpose of BEPAC is to support and improve the on-base voluntary education program. School representatives and organizational representatives will also be in attendance.

For more information or for any questions, contact Bob Carpenter at 4673.